

## CARERS VOLUNTARY SURVEY

### 1. NAME (carer)

.....

### 2. ADDRESS

.....

.....

### 3. RELATIONSHIP

I am caring for my ..... aged .....  
At MY / THEIR home

### 4. TYPE OF ILLNESS / DISABILITY

.....

.....

### 5. SUPPORT SERVICES (if any)

The person/s I care for do / do not have contact  
with Social Work or other support services.

Please name support service(s):

.....

.....

.....

make  
your  
caring  
count

## IMPORTANT CONTACT NUMBERS

Inverclyde Carers Centre  
Tel: 01475 735180

Greenock Health Centre  
Tel: 01475 724477

Port Glasgow Health Centre  
Tel: 01475 745321

Gourock Health Centre  
Tel: 01475 634617

Inverclyde Social Work Department  
Tel: 01475 714100

Social Work Standby Services  
Tel: 0800 811 505

Strathclyde Police  
Tel: 01475 492500

*It's the*

*Caring  
that  
Counts*

If you wish to contact the Inverclyde Carers Council  
please contact the Inverclyde Carers Centre on  
01475 735180

## INVERCLYDE CARERS COUNCIL



**HELP US  
HELP YOU  
HELP OTHERS**

PLEASE COMPLETE THIS TEAR-OFF SLIP, CUT OUT AND RETURN TO:  
INVERCLYDE CARERS CENTRE  
98/70 CATHCART STREET, GREENOCK

## WHAT IS A CARER?

A carer is someone who looks after a relative, friend, or neighbour, at home.

A carer assists the person they care for, to remain in the community, and to enjoy a better quality of life, at home.

A carer gives their commitment and time, selflessly, to provide that caring role.



One in eight people in Scotland are voluntary carers, and are currently providing care for someone at home.

It is almost certain, that during our lives, we will all be voluntary carers, caring for sick or disabled, children, adults, or elderly.

"Carers UK" estimate that voluntary carers save the Treasury (tax payer) £60 billion per year.

**Do you meet any of the above?  
Then you are a Carer!**

## WHAT IS THE INVERCLYDE CARERS COUNCIL?

The Inverclyde Carers Council is a voluntary group which has Charitable Status in Scotland, and was set up to promote the needs and aspirations of voluntary carers in the Inverclyde area.



## WHO ARE THE INVERCLYDE CARERS COUNCIL?

Carers Council members are ordinary people, like any other carers. They care for members of their family, plus, give their time and commitment, to ensure that the voice of local carers is heard.

## WHAT IS THE MEMBERSHIP OF THE INVERCLYDE CARERS COUNCIL?

There are two levels of community membership:

- **COMMITTEE MEMBERS** are elected at the Carers Council - Annual General Meeting (AGM), to represent the interests of local carers to the various public service providers.
- **ORDINARY MEMBERS** are carers, who do not want to commit their limited quality time to serve on the Committee, but support the Committee in their campaigning for increased/improved services for carers.

## HOW DO CARERS GET INVOLVED?

All voluntary carers, and former carers, who are resident in the Inverclyde area, are then deemed, automatically, to be members of the Carers Council.

We welcome all carers, and former carers, to attend our Annual General Meeting (AGM), and other organised carers meetings. Watch out for our AGM posters and advertising, in May of each year.

If you want to find out more about the Carers Council, and/or, you are interested in joining the Carers Council Committee, to help us advocate for improved and/or



increased services, then contact us at the Inverclyde Carers Centre (see contact addresses or Tel. No.'s on the back of this leaflet). We can co-opt

carers onto our Committee, in between AGM's.

To enable us to build up a local picture of carers, and carers needs, we would be most obliged if, on having read this leaflet, that you take the time to fill in the attached carers survey form (page 5 overleaf), and return to the Carers Centre, or, support workers.

This survey is an ongoing process, which will continually update our 'information base', with each sheet returned. Thank you in anticipation of your support, we look forward to receiving your completed **CARERS VOLUNTARY SURVEY FORM.**